

# Resident Annual Health Survey Results (N=65)

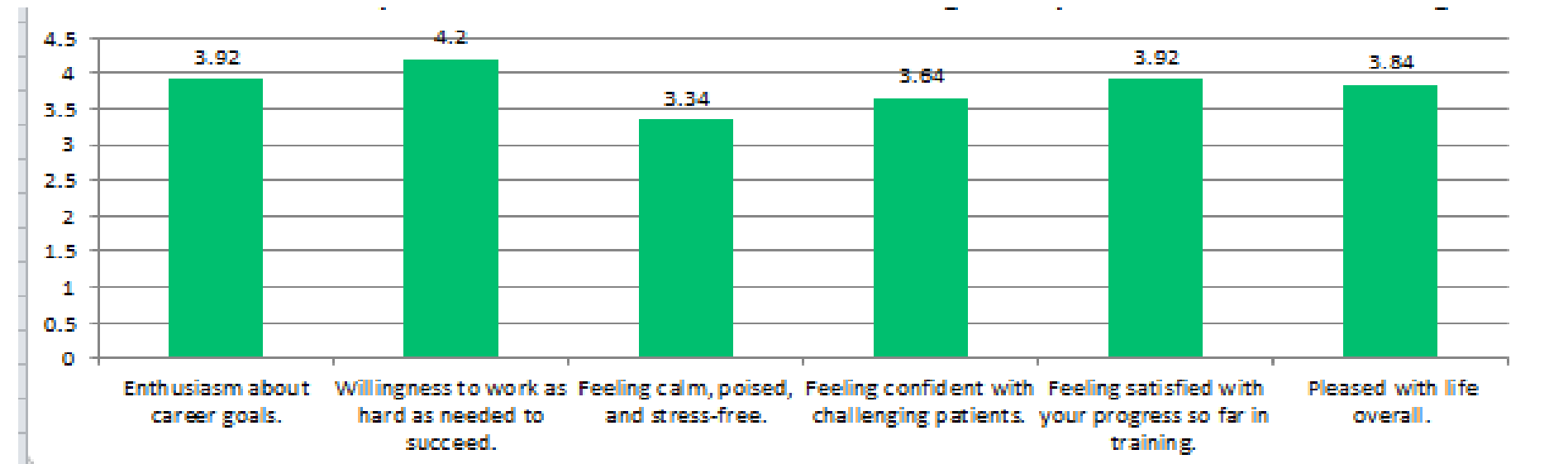
April 2019

# Perspective Questions

RWBC RESIDENT SURVEY -January 2019

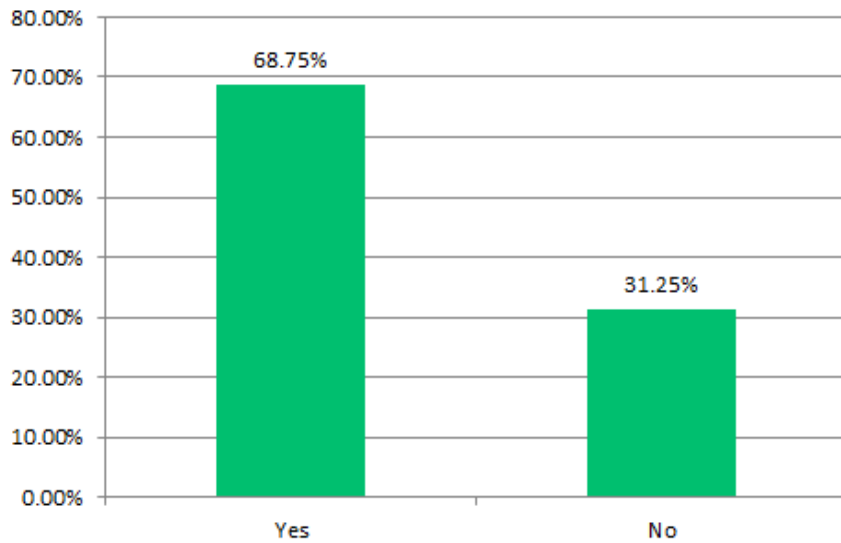
Below is a list of common feelings and attitudes that people experience. For each, mark the box corresponding to how often you have experienced or felt them during the past week including today.

	Never		Rarely		Sometimes		Often		Always	Total	Weighted Average	
Enthusiasm about career goals.	1.56%	1	0.00%	0	21.88%	14	57.81%	37	18.75%	12	64	3.92
Willingness to work as hard as needed to succeed.	0.00%	0	1.56%	1	17.19%	11	40.63%	26	40.63%	26	64	4.2
Feeling calm, poised, and stress-free.	1.61%	1	14.52%	9	38.71%	24	38.71%	24	6.45%	4	62	3.34
Feeling confident with challenging patients.	0.00%	0	1.56%	1	40.63%	26	50.00%	32	7.81%	5	64	3.64
Feeling satisfied with your progress so far in training.	0.00%	0	3.13%	2	26.56%	17	45.31%	29	25.00%	16	64	3.92
Pleased with life overall.	1.59%	1	1.59%	1	28.57%	18	47.62%	30	20.63%	13	63	3.84

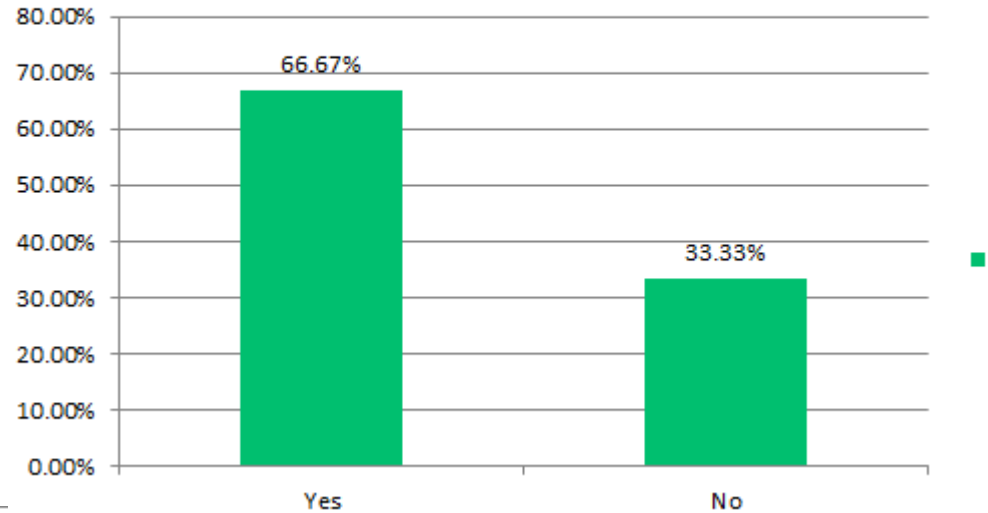


# Medical Care

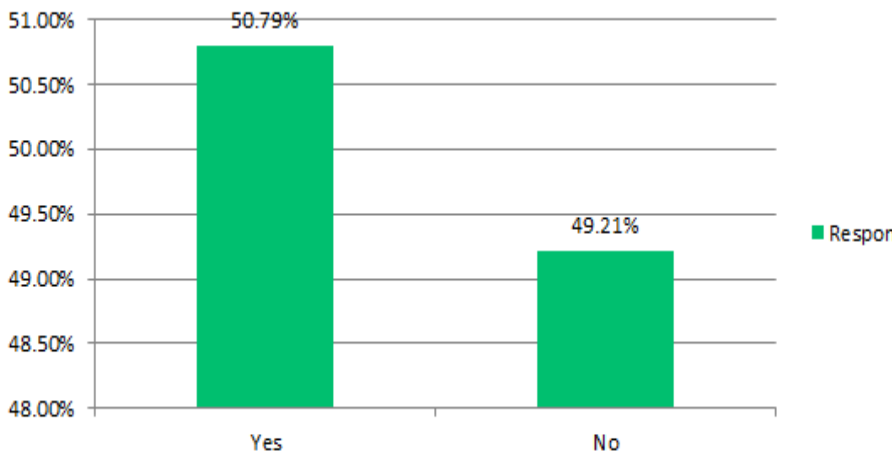
Do you have a primary care provider?



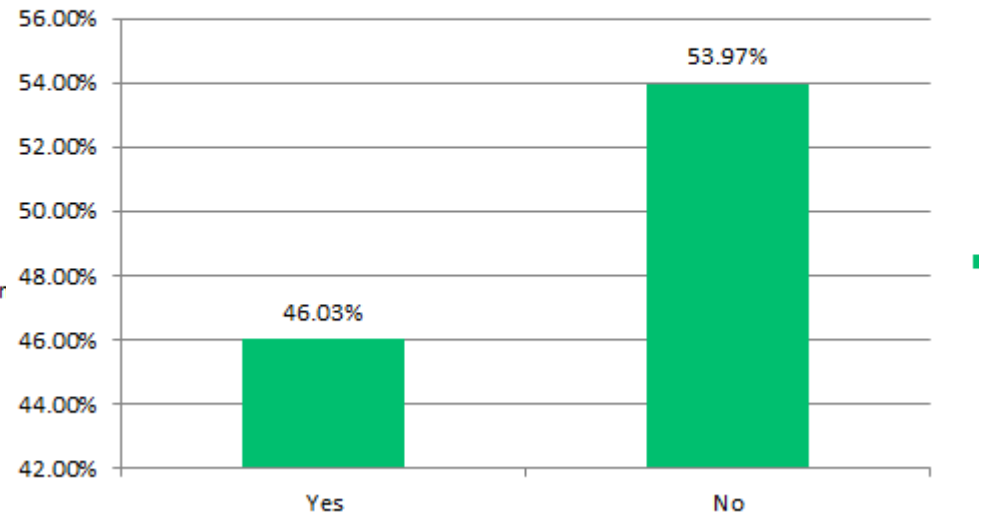
Did you have a general physical exam within the past year?



Have you thought about being seen by a physician for any concerns in the past year?

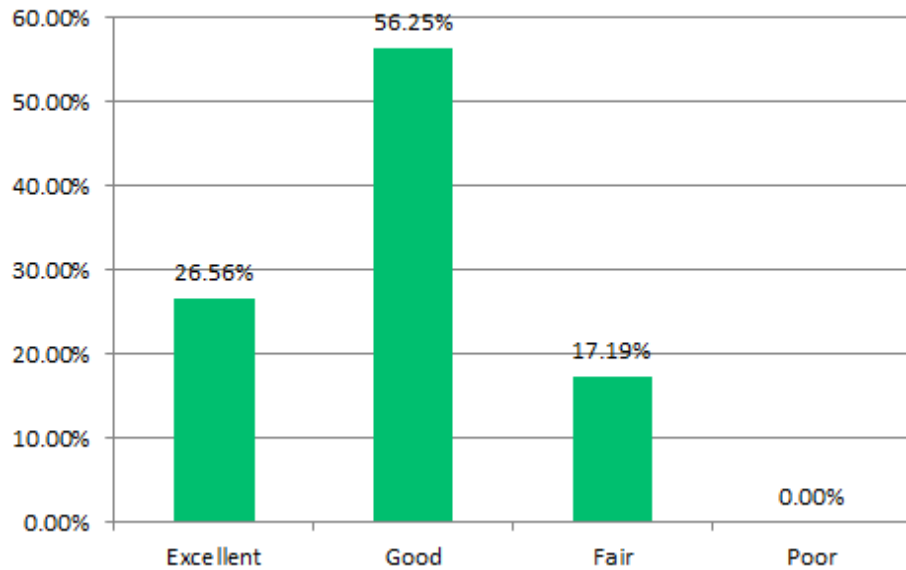


Have you been seen for a medical concern within the past year?

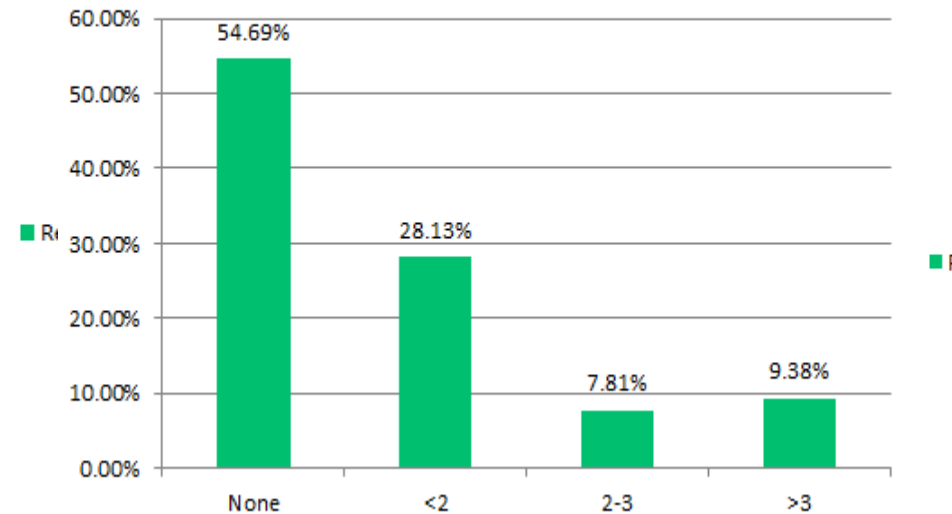


# Health and Lifestyle

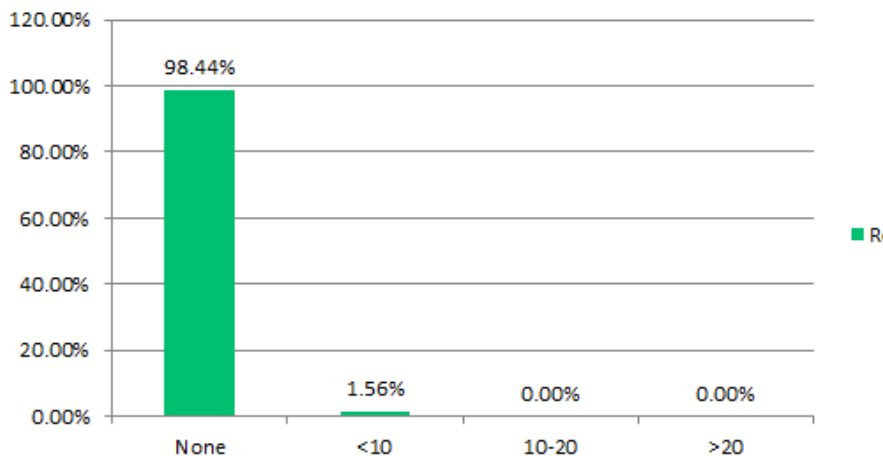
## How would you rate your health overall?



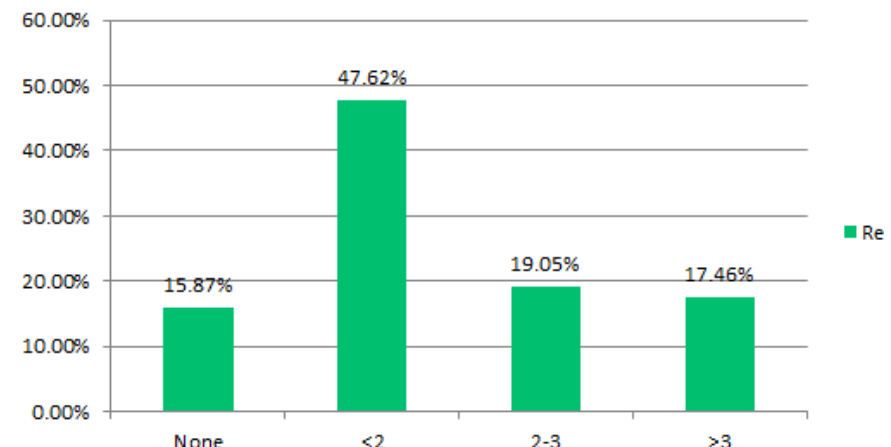
## How many alcoholic beverages do you drink per week?



## How many cigarettes do you smoke per day?

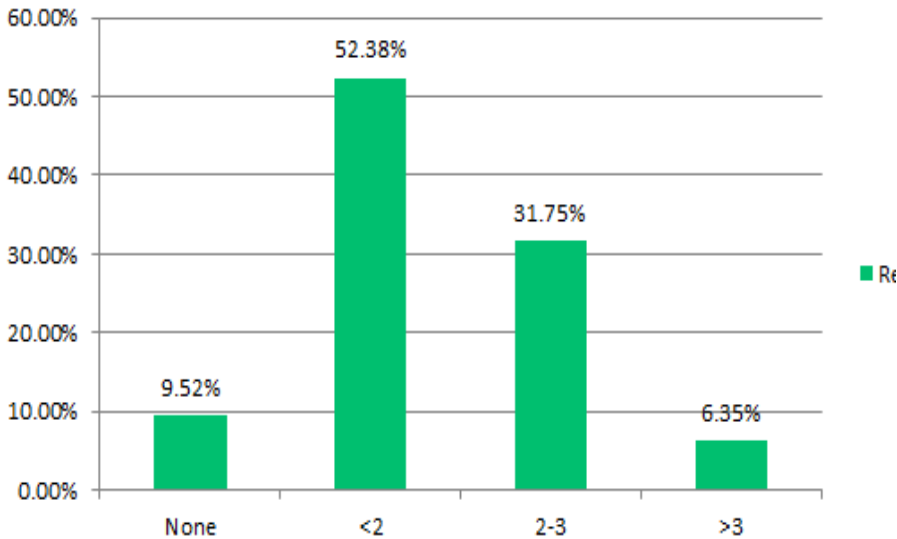


## How many caffeinated beverages do you drink per day?

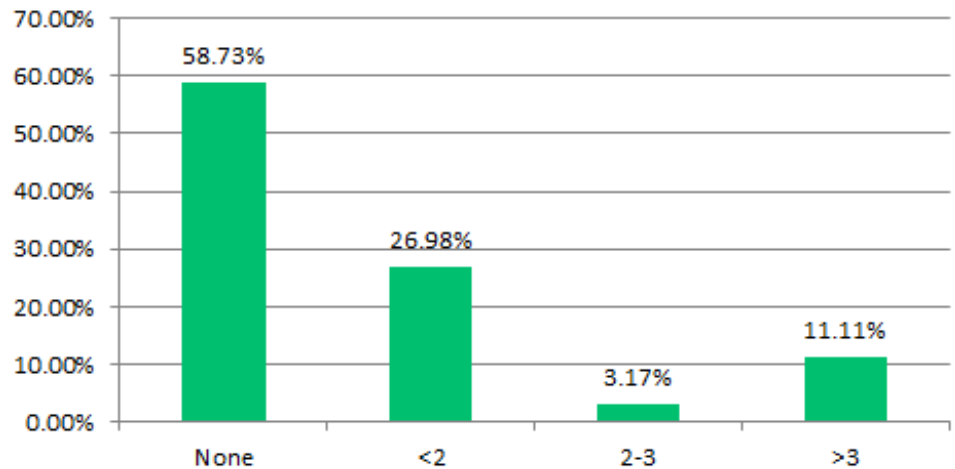


# Health and Lifestyle

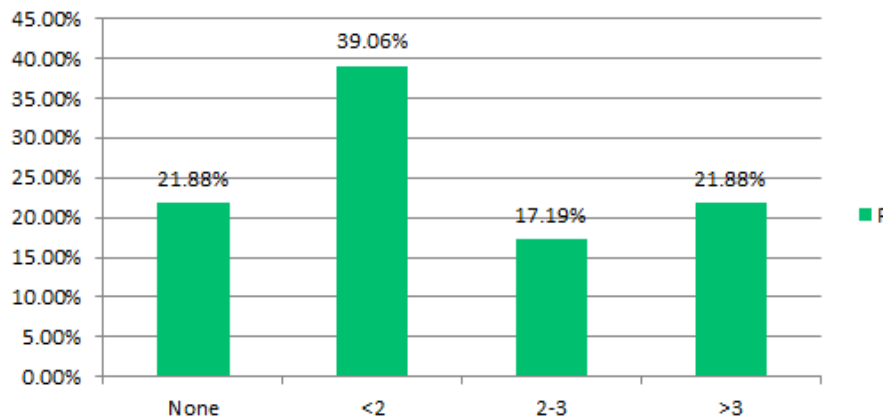
How many times are you involved in a social/leisure activity in a week's time?



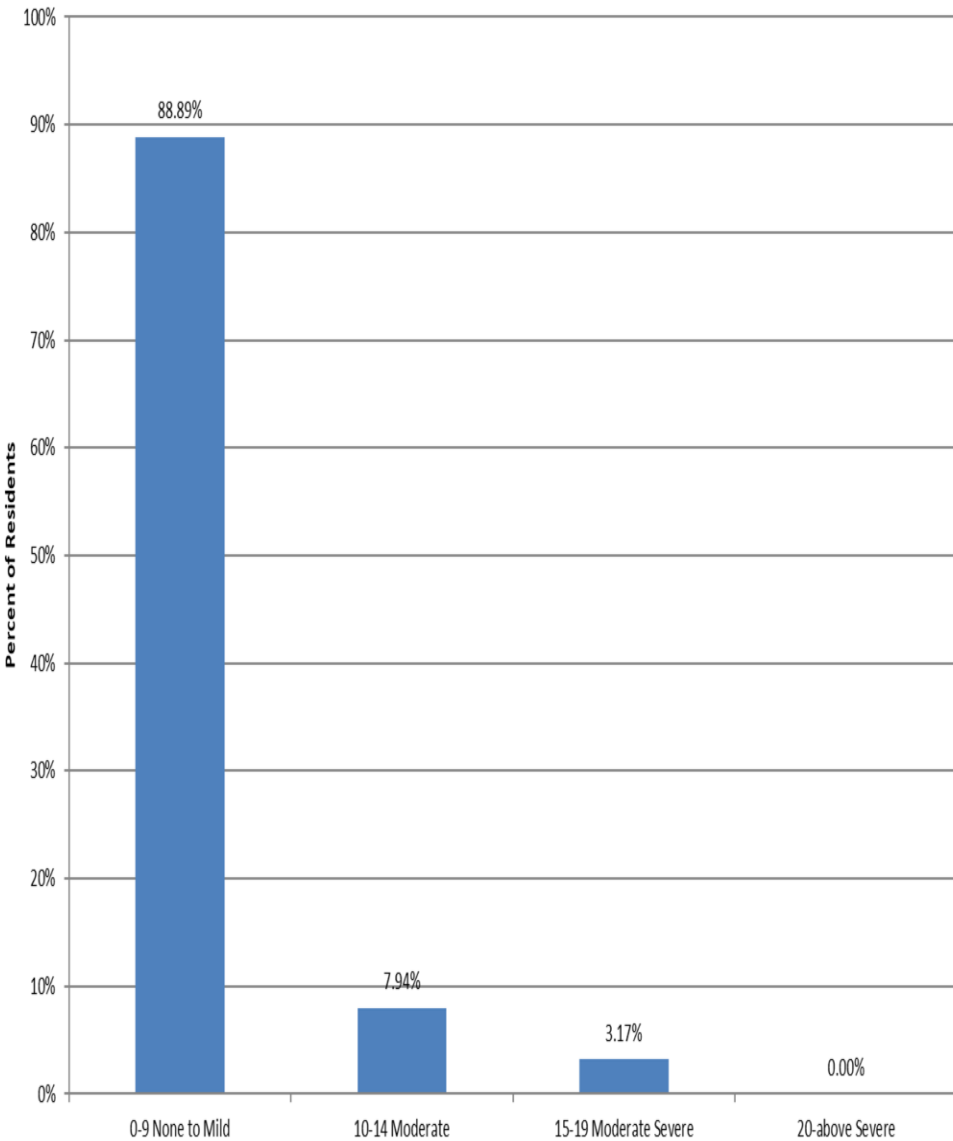
How many times are you involved in Yoga, meditation, or mindfulness activities in a week's time?



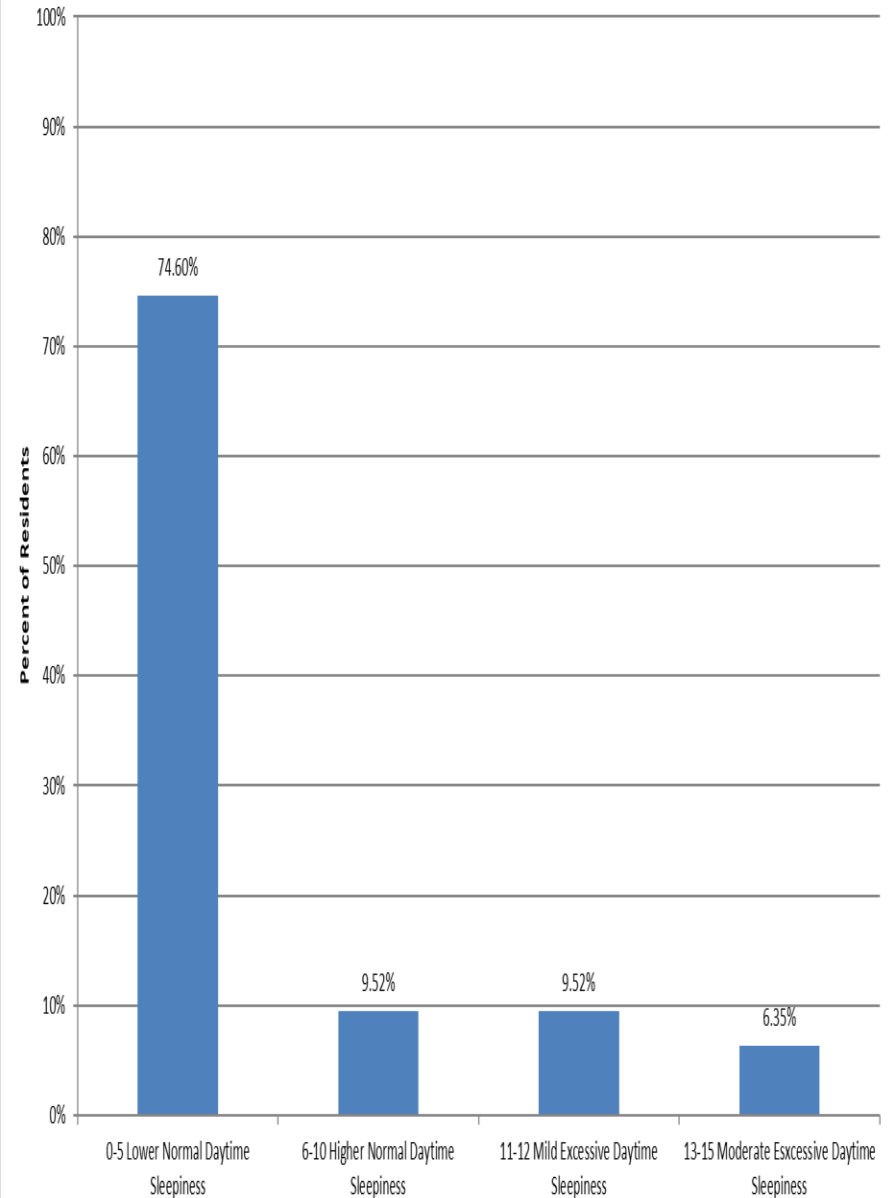
How many times are you involved in physical activities (exercise, sports, etc) in a week's time?



### Marshfield Clinic Residents Reporting Depressive Symptoms as Interpreted by PHQ-9 in 2019

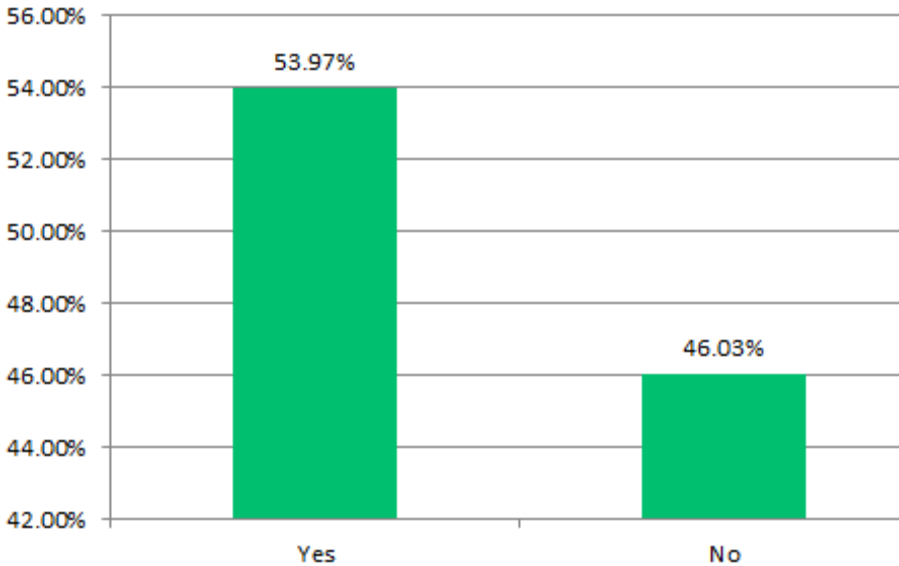


### 2019 Marshfield Clinic Resident Reported Sleepiness Percentages Interpreted by the Epworth Sleepiness Scale

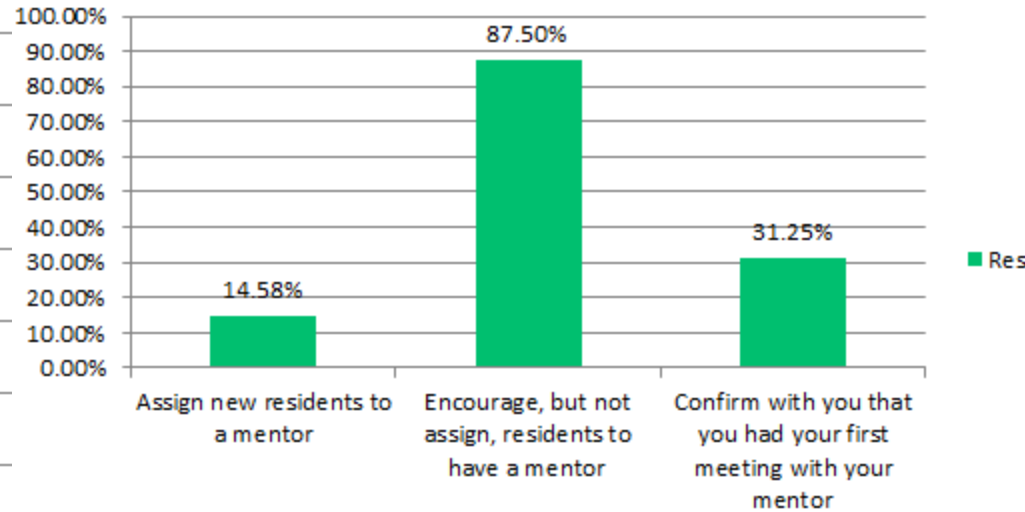


# Mentoring

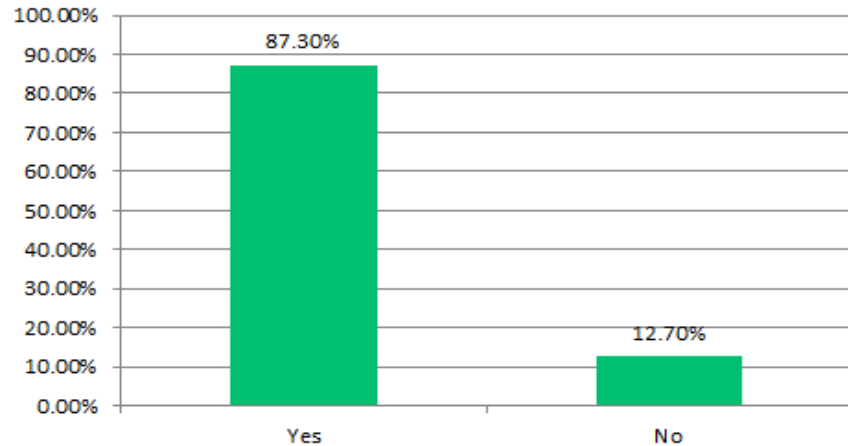
Do you have a mentor?



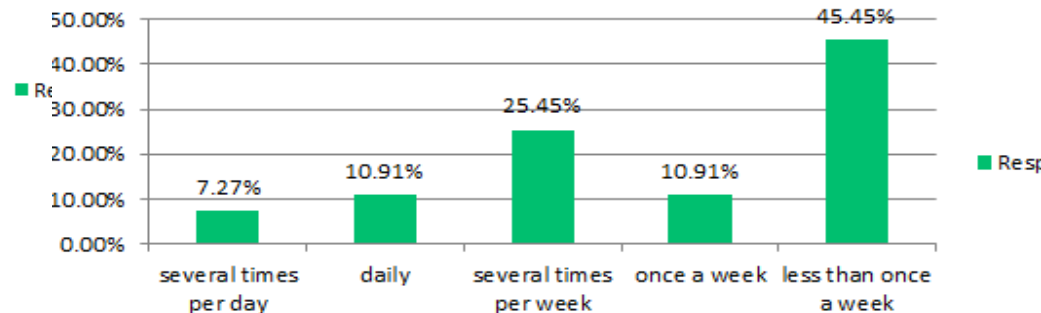
Which of the following did your program do: (check all that apply)



Have you received informal mentoring in residency?



(If you answered no to question #20, please skip this question.) In the past year overall how often do you think you received informal mentoring (mark only one below):



# Feedback

Which of the following has occurred for you during residency: (mark only those that occurred for you)

