

Community Health Implementation Strategy
Marshfield Medical Center-Rice Lake

Executive Summary

Health System Overview

Marshfield Clinic was founded in 1916 by six physicians practicing in Marshfield, a rural central Wisconsin city. At its inception, Clinic founders saw research and education as critical to their practice of health care and that remains so today.

The Clinic became a 501(c)(3) nonprofit organization in 1992 and in 2014, Marshfield Clinic Health System, Inc., was formed. The Health System's mission is to enrich lives and create healthy communities through accessible, affordable, compassionate health care.

The Health System today is an integrated system serving Wisconsin and beyond, with more than 12,000 employees including over 1,400 providers comprising 90 specialties and subspecialties. Its entities provide service and health care to more than two million residents through over 60 locations and ten hospitals in communities across northern, central and western Wisconsin.

MCHS primary operations include: Marshfield Clinic; Marshfield Medical Center hospitals in Marshfield, Eau Claire, Beaver Dam, Ladysmith, Minocqua, Neillsville, Rice Lake, Weston, Park Falls, and Marshfield Children's Hospital; Marshfield Clinic Research Institute, Security Health Plan, Division of Education and Marshfield Clinic Health System Foundation.

The Clinic operates several dental clinics in northern, central and western Wisconsin, providing general family dentistry and dental hygiene services to more than 60,000 unique patients per year. These centers were launched through a collaboration including Marshfield Clinic, Family Health Center of Marshfield, Inc., and federal and state agencies, to address the need for dental care in underserved areas. The centers serve all patients regardless of ability to pay or insurance status - uninsured/underinsured, private pay and commercial insurance.

Hospital Overview

Marshfield Medical Center-Rice Lake is a nonprofit, 40-bed community hospital that serves northwest Wisconsin.

MMC-Rice Lake, offers a wide range of advanced care services including:

- Pacemaker insertion
- Full scope of general and orthopedic surgery services
- 24/7 emergency department
- Comprehensive outpatient cancer care services
- Inpatient and outpatient physical therapy, rehabilitation and occupational therapy

In addition to the community health improvement efforts guided by the CHNA process, MMC-Rice Lake contributes to other needs through the community benefits program.

Implementation Strategy Overview

This Implementation Strategy is specific to Marshfield Medical Center-Rice Lake (MMC-Rice Lake) and addresses the community health priorities identified through a collaborative Community Health Needs Assessment (CHNA) process. This document outlines the plans for MMC-Rice Lake to support specific community improvement efforts as part of a larger community-wide plan.

This plan was reviewed and approved by the authorized governing body, MCHS Hospitals Board, Inc. on December 13, 2021, which is on or before the 15th day of the fifth month after the end of the taxable year the CHNA was completed. Evaluation of the previous Implementation Strategy can be found in the 2021 MMC-RL, Community Health Needs Assessment (CHNA) report.

Community Health Needs Assessment Overview

The MMC-Rice Lake CHNA was conducted by the Community Benefits Workgroup-Rice Lake with input from various partners and community based organizations.

The MMC-Rice Lake CHNA written report includes the process used to conduct the assessment and establish the community health priorities, and describes:

- The community served by the hospital and how it was determined
- Community demographics
- The process and methods used to conduct the assessment including data and other information used, methods of collection and analyzing information, cited external source material
- How the hospital accounted input from persons that represent the broad interests of the community
- How data was collected and what types of data were used in the assessment process
- Health priorities and concerns of all population groups including the medically underserved, low-income, and minority groups
- The identified health priorities of both the community and hospital, including the process and criteria used to identify and prioritize identified needs
- Existing resources in the community available to respond to identified priorities

Accessing the Full Report

The written report was presented to the MCHS Hospitals Board, Inc. for discussion and was approved on December 13th, 2021. The full CHNA report, which details the entire assessment and prioritization process, can be found here: https://www.lakeviewmedical.com/Home

Prioritization Process

After completing an extensive analysis of quantitative and qualitative data, the National Association of County and City Health Officials (NACCHO) Prioritization Matrix was used by the committee to determine the health improvement priorities and included questions to answer the following:

- How is the county doing compared to the state and national goals?
- What health priorities have the largest community impact?
- What health priorities have the most serious impact?
- Is the community ready to change?
- Can these health priorities be changed over a reasonable period of time?
- Are there gaps in county efforts to address the health priority?
- Did the community and county data identify this as a health priority?

Health Priorities

After review of the data and stakeholder input, the top community health priorities identified by Marshfield Medical Center in Rice Lake are:

- Alcohol and Substance Abuse
- Behavioral Health
- Chronic Disease
- Social Determinants of Health

Due to the interconnected nature of these health priorities, a number of health priorities as shown in *Table A* were combined. However, MMC-Rice Lake will continue to support additional community health needs as they arise.

Table A. Health Priority Crosswalk			
Healthy People, Healthiest	MMC-RL CHNA		
Wisconsin 2020 Focus Areas			
Alcohol Misuse	Alcohol and Substance Abuse		
Substance Abuse	Alcohol and Substance Abuse		
Mental Health	Behavioral Health		
Obesity			
Physical Activity			
Healthy Nutrition	Chronic Disease		
Vaping & Tobacco Use & Exposure	Cili offic Disease		
Chronic Disease Prevention and			
Management			
	Social Determinants of Health		

MCHS is committed to improving the overall health and well-being of the communities we serve by strategically focusing on health equity. According to the World Health Organization, health equity implies that everyone should have a fair opportunity to attain their full health potential and that no one should be

disadvantaged from achieving this potential. Therefore, the CBW-Rice Lake will focus on improving health equity in our communities by implementing strategies that systematically focus on the social determinants of health and subsequently reduce health disparities.

Identified Health Needs Not Being Addressed

Through the assessment process, other community health priorities were identified that will not be addressed in this plan. The following was considered while prioritizing community health needs; other organizations addressing the specific need, the ability of MMC-Rice Lake to impact change, availability of resources, as well as readiness of the community for interventions.

- Communicable Disease Prevention & Control: This is an important area
 of focus, MMC-RL has systems and processes in place to prevent and reduce
 the spread of communicable diseases in hospitals and clinics. Instead of
 leading this charge community wide, staff participate in the numerous
 COVID-19 workgroups in Barron County and surrounding communities.
- **Oral Health:** Marshfield Clinic Rice Lake Dental Center addresses the community need for oral health by serving patients regardless of ability to pay or insurance status. While MMC-RL addresses oral health it is not listed as one of the top health priorities.

Implementation Strategy

The Implementation Strategy is a part of a community effort to address identified health priorities. Many strategies will be implemented collaboratively with community and Marshfield Clinic Health System partners. Community change is a long-term process that no one organization can accomplish alone, therefore partnerships are essential for success.

Health Priority: Alcohol and Substance Abuse

Goal 1: Reduce youth sub	stance use			
Strategy	Key Actions	Anticipated Outcomes	Resources	Partnerships
Support Alcohol and Other Drug (AOD) Prevention Curriculums in school and/or afterschool settings.	Identify evidence based curriculum Implement an AODA prevention curriculum	Reduction of underage alcohol consumption Reduction of substance abuse	Staff time Program materials Funding as appropriate	Barron County Health Department Schools
	Evaluate implemented curriculum			

Goal 3: Engage in community efforts related to alcohol and substance use prevention efforts				
Strategy	Key Actions	Anticipated Outcomes	Resources	Partnerships
Participate in community based workgroups	Actively attend and participate in meetings Promote and participate in events and initiatives	Increased collaboration across sectors to advance prevention efforts around alcohol misuse and drug use Increased community awareness related to alcohol and substance use prevention	Staff time Funding as appropriate	Barron County Community Coalition (BC3) Community based organizations

Health Priority: Behavioral Health

Goal 1: Decrease suicides rates for high risk populations					
Strategy	Key Actions	Anticipated Outcomes	Resources	Partnerships	
Enhance community member's skills to support mental health promotion and suicide prevention.	Identify curriculum/training Identify individuals to be trained Implement curriculum/training Evaluate implemented curriculum/training	Decreased suicide rates Increased capacity to support suicide prevention efforts Increased access of mental health supports to bi/multilingual community members	Staff time Program materials Funding as appropriate	Barron County Health Department Mental Health Coalition Schools Community based organizations	
Goal 2: Improve social and emotional development of children and adolescents (YRBS)					
Strategy	Key Actions	Anticipated Outcomes	Resources	Partnerships	

Enhance school capacity to provide high quality social, emotional assessment, support, and learning.	Seek out partner organizations Develop materials Educate community groups or organizations	Improved community capacity to address high risk youth needs through afterschool care options.	Staff time Program materials Funding as appropriate	Barron County Health Department Schools
Support suicide prevention community awareness events	Seek out partner organizations Plan event Create and disseminate materials Evaluate event	Increased community awareness of the burden of suicide	Staff time Program materials Funding as appropriate	Barron County Health Department Mental Health Coalition Schools Community based
Goal 3: Engage in con health efforts	nmunity efforts i	related to sup	pporting be	havioral
Strategy	Key Actions	Anticipated Outcomes	Resources	Partnerships
Participate in community based workgroups	Actively attend and participate in meetings Promote and participate in events and initiatives	Increased collaboration across sectors to advance prevention efforts around alcohol misuse and drug use Increased community awareness related to alcohol and substance use prevention	Staff time Funding as appropriate	Barron County Health Department Community Based Organizations

Health Priority: Chronic Disease

Goal 1: Improve access to healthy foods				
Strategy	Key Actions	Anticipated	Resources	Partnerships
		Outcomes		
Increase community	Identify community	Improved	Staff time	Fork Farms
capacity to provide	partnerships	access to		
nutritious, locally		healthy foods		

grown food and address food insecurity.	Maintain garden/unit Distribute produce		Funding as appropriate	Community based organizations
Goal 3: Engage in	community efforts r	elated to ch	ronic diseas	
prevention efforts	5			
Strategy	Key Actions	Anticipated	Resources	Partnerships
		Outcomes		
Participate in	Actively attend and	Increased	Staff time	Barron
community based	participate in meetings	collaboration		County Health
workgroups		across	Program	Department
Traing oup	Promote and participate	sectors to	materials	
	in events and initiatives	decrease		Thrive Barron
		chronic	Funding as	County
		diseases	appropriate	Chronic
				Disease
		Increased		Prevention
		community		
		awareness		Community
		related to		based
		chronic		organizations
		disease		
		prevention		

Health Priority: Social Determinants of Health

Goal 1: Increase knowle	dge and awa	reness of hea	Ith equity	
Strategy	Key Actions	Anticipated Outcomes	Resources	Partnerships
Conduct an organizational (internal) and community assessment (external) assessment of health disparities and health equity and develop a workplan to address those gaps.	Identify assessment tool Assess results Develop a work plan	Increased awareness and understanding of health equity Improved access to resources	Staff time Funding as appropriate	Community based organizations
Goal 2: Improve health	-	_		
community efforts to ad	dress Social	<u>Determinants</u>	of Health I	parriers
Strategy	Key Actions	Anticipated Outcomes	Resources	Partnerships
Support and connect patients and community members to resources to address socially determined needs.	Develop platform Educate and engage community members	Increased awareness of resources Improved access to resources	Staff time Funding as appropriate NOWPOW platform	Community based organizations Barron County Health Department

Goal 3: Engage in community efforts related to advancing health equity and Social Determinants of Health					
Strategy	Key Actions	Anticipated Outcomes	Resources	Partnerships	
Participate in community based workgroups	Actively attend and participate in meetings Promote and participate in events and initiatives	Increased collaboration across sectors to advance community support Increased community awareness related to SDOH and	Staff time Funding as appropriate	Community Connections to Prosperity (CCP) Community based organizations	

Next Steps

This implementation strategy outlines a three-year community health improvement process. Each year within this timeframe, MMC-Rice Lake will:

- Create an annual work plan with specific action steps for that year
- Set and track annual performance indicators for each strategy, evaluate for effectiveness and areas of improvement.
- Track progress
- Report progress toward the performance indicators to the hospital board
- Share actions taken to address the needs with the community at large

Approval and Community Input

This Implementation Strategy Report was adopted by the MCHS Hospitals Board, Inc. on December 13th, 2021.

If you would like to serve on a coalition that helps meet the aims of this report, or have a comment on this assessment, please contact the Marshfield Clinic Health System Center for Community Health Advancement at communityhealth@marshfieldclinic.org or (715) 221-8400.

References

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 https://health.gov/healthypeople/objectives-and-data/social-determinants-health
- World Health Organization. (2021, July). Retrieved from Social Determinants of Health: https://www.who.int/health-topics/social-determinants-of-health#tab=tab 1