

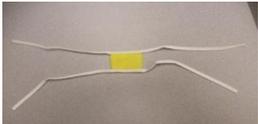
# Home Project Opportunities

Updated 6/2020

Please note there are updated dimensions/details for existing projects as well as new projects available.

Item	Specifications	Area/Unit Used	Used For	Picture (if available)
<b>Crib and Bassinet Sheets</b> <b>PRIORITY</b>	<ul style="list-style-type: none"> <li>Cotton preferred – pre-washed</li> <li>Plain material only (no pattern), any color</li> <li>Needed to fit two mattress sizes:               <ul style="list-style-type: none"> <li>-White Crib: 33 ½”(L) x 21 ½”(W) x 3 ¼”(H)</li> <li>-Bassinet: 25 ½” (L) x 12 ½” (W) x 2” (H)</li> </ul> </li> <li>Two styles needed:               <ul style="list-style-type: none"> <li>-Open pillowcase style to slide over mattress</li> <li>-Fitted, elastic style</li> </ul> </li> </ul>	Neonatal Intensive Care Unit (NICU),	Sheets are used to cover crib mattress	
<b>Isolette &amp; Warmer Sheets</b> <b>PRIORITY</b>	<ul style="list-style-type: none"> <li>Cotton preferred – pre-washed</li> <li>Plain material only (no pattern), any color</li> <li>Fitted, elastic style</li> <li>Needed to fit three mattress sizes:               <ul style="list-style-type: none"> <li>-Giraffe Isolette/Warmer: 25” (L) x 18 ¾” (W) x 2” (H)</li> <li>-Hill-Rom Isolette: 29” (L) x 15” (W) x 1” (H)</li> <li>-OHMEDA Warmer: 28” (L) x 22 ½” (W) x 1”</li> </ul> </li> </ul>	Neonatal Intensive Care Unit (NICU),	Sheets are used to cover isolette and warmer mattresses.	
<b>Adult Quilts</b> <b>PRIORITY</b>	<ul style="list-style-type: none"> <li>40 X 60 inches</li> <li>Can be embroidered or patchwork.</li> <li>Cotton</li> <li>Washable</li> <li>Assorted, gender-neutral, as well as men and women patterns</li> </ul>	Critical Care, Intensive Care, Palliative Care, Medical or Oncology Unit	Various items are provided on the unit comfort carts for the patient or families to create a more “homelike” environment during this difficult time. Families are then encouraged to take the quilt home to help deal with the loss and grief.	

Item	Specifications	Area/Unit Used	Used For	Picture (if available)
<b>Adult Fleece Blankets</b>	<ul style="list-style-type: none"> <li>• 40x60 inches</li> <li>• Simple tie blanket or sewn finish</li> <li>• Fleece</li> <li>• Washable</li> <li>• Assorted, gender-neutral, as well as men and women patterns</li> <li>• Instructions available in Volunteer Services</li> </ul>	Critical Care, Intensive Care, Palliative Care, Medical or Oncology Unit	Various items are provided on the unit comfort carts for the patient or families to create a more "homelike" environment during this difficult time. Families are then encouraged to take the blanket home to help deal with the loss and grief.	
<b>Patient Bags</b>	<ul style="list-style-type: none"> <li>• Material provided (recycled from the sterile surgery wrap used in surgery procedures. The wrap is used to keep equipment sorted and sterile, for use in operating procedures. Once opened, it formerly had to be either discarded or recycled).</li> <li>• TWO sizes: 16"L x 14"W &amp; 23"L x 25"W</li> <li>• Handles 30" inches long</li> <li>• Pattern available in Volunteer Services</li> </ul>	Wound Ostomy, Rehab Services, General Surgery, Palliative Care, Medical, Ortho, Oncology, Outpatient Pharmacy (more units may be added)	Our patients and their families often need tote bags when they are discharged to carry their supplies and belongings home. These bags are made of different sizes, so they can choose what they want to pack their items in. They're very sturdy so they can be used for other purposes once home.	
<b>Comfee Heart</b>	<ul style="list-style-type: none"> <li>• Flax seed and lavender provided by Children's Miracle Network (for pediatrics)</li> <li>• Fleece to be provided by volunteer (in pastel or neutral colors; no "loud" patterns please)</li> <li>• Made in varying weights to mimic birth weight of baby lost from ½ lb – 10 lbs (in ½ lb increments) and sized accordingly so heart isn't too floppy (6" in circle minimum and 12" circle maximum)</li> </ul>	For antepartum patients (Birth Center)	Heat in the microwave for 1-2 minutes for a soothing heart to hold. Will stay warm for 30-40 minutes. Contains calming lavender. Note: Available with/without lavender scent	
<b>Comfee Wrap (PRIORITY)</b>	<ul style="list-style-type: none"> <li>• Flax seed and lavender provided by Marshfield Clinic Health System Foundation.</li> <li>• Fleece to be provided by volunteer.</li> <li>• 30" (length) X 5" (width)</li> <li>• Pattern available in Volunteer Services.</li> </ul>	Medical Unit	Heat in the microwave for 1-2 minutes for a soothing neck/muscle wrap. Will stay warm for 30-40 minutes. Contains calming lavender. Note: Available with/without lavender scent	

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<b>Children's Lightweight Blanket and Heavier Fleece Blankets</b> <b>(PRIORITY)</b>	<ul style="list-style-type: none"> <li>• 40" x 60" (Pediatrics)</li> <li>• 36" x 36" (Birth Center)</li> <li>• Flannel or Fleece</li> <li>• "Fun, kid-friendly" patterns/fabrics</li> <li>• Lap size fleece blankets also accepted.</li> </ul>	Pediatrics	<p>Pediatric patients and new babies want "soft/snuggly" blankets, but are often times warm. A lightweight blanket/cover-up would be great for lounging. Also used to lay over the bed sheets to make a more child friendly environment.</p> <p>(Heavier fleece blankets also needed for colder months and/or patients who tend to be colder)</p>	
<b>Muslin Doll Gowns</b> <b>(PRIORITY)</b>	<ul style="list-style-type: none"> <li>• Doll gown fabric funded by Children's Miracle Network</li> <li>• Assorted fun/kid-friendly and gender-neutral patterns for those used in Pediatrics (no holiday prints)</li> <li>• Sample available in Volunteer Services</li> </ul>	Pediatrics	Used to dress muslin dolls to match kids who are hospitalized or in surgery.	
<b>Comfee Doll</b>	<ul style="list-style-type: none"> <li>• Flax seed provided by Children's Miracle Network (for pediatrics) and MCHS Foundation (for Alzheimer's and dementia patients).</li> <li>• Fleece to be provided by volunteer.</li> </ul>	Pediatrics, Alzheimer's, Dementia Patients	<p>Heat in the microwave for 1-2 minutes for a cuddly, soothing friend to hold. A comfee doll is helpful for an irritable or ill youngster or for the child in all of us when our arms ache to hold on. Will stay warm for 30-40 minutes. Contains calming lavender.</p> <p>Note: Available with/without lavender scent</p>	
<b>NICU Isolette Covers</b> <b>(PRIORITY)</b>	<ul style="list-style-type: none"> <li>• 55x55 inches (must be this size)</li> <li>• Single layer flannel, stitching around end.</li> <li>• Washable – not sent home with families.</li> </ul>	NICU	Isolette covers help control light and sounds for the babies in the NICU.	
<b>Surgical Mask for Muslin Doll</b>	<ul style="list-style-type: none"> <li>• 2"(l) x 1 ½" (h) rectangle cut of felt</li> <li>• 17" piece sewn on top/bottom of felt</li> </ul>	Pediatrics	Used to teach kids about the surgical masks worn by patients, doctors, visitors.	

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<b>Neck Pillows</b> <b>PRIORITY</b>	<ul style="list-style-type: none"> <li>Made with fleece and polyester stuffing</li> <li>Design patterns for adults</li> </ul>	Medical/ Surgical Units Rehab Unit Oncology Palliative	A firmly stuffed neck pillow to help support patients neck while sitting up.	
<b>Freeze Pop Holders</b>	<ul style="list-style-type: none"> <li>2" x 6"</li> <li>Fleece to be provided by volunteer</li> <li>Sew side and bottom, leaving opening in top for freeze pop to slide into</li> </ul>	Pediatrics	Pediatric patients use these to keep their hands from getting cold and wet while eating freeze pops.	
<b>Adult's Pillowcases</b>	<ul style="list-style-type: none"> <li>Standard size</li> <li>21x29 inches</li> <li>Assorted "adult gender neutral" cotton only patterns</li> <li>NO fleece</li> </ul>	Palliative Care	Create a more "homelike" environment for Palliative Care patients with extended lengths of stays. Pillowcases are sent home with patients.	
<b>Children's Pillowcases</b>	<ul style="list-style-type: none"> <li>Standard size</li> <li>21X29 inches</li> <li>"Fun/kid friendly" cotton or flannel patterns for those used in Pediatrics</li> <li>NO Fleece</li> </ul>	Pediatrics	Create a more "homelike" environment for Pediatrics patients with extended lengths of stays. Pillowcases are sent home with patients.	
<b>Walker Bags</b>	<ul style="list-style-type: none"> <li>19 x 54 inches</li> <li>Material provided by Marshfield Furniture donations.</li> <li>Velcro provided by MCHS Foundation.</li> <li>Pattern available in office</li> </ul>	Rehab Unit	This bag is designed to hang over the cross bar of a walker. This allows items to be carried place to place while freeing both hands to use the walker.	
<b>Dining Scarf</b>	<ul style="list-style-type: none"> <li>Preshrunk cotton, reversible and washable fabric in gender neutral tones/patterns</li> <li>Gathered slightly at the neck and subtle Velcro closures to secure front draping.</li> <li>34" x 9" (approx)</li> </ul>	Medical/Surgical Units, Rehab Unit	Dining scarves offer patients extra protection and dignity while eating.	

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<b>Wheelchair Bags</b>	<ul style="list-style-type: none"> <li>Material provided by Marshfield Furniture donations.</li> <li>Velcro provided by MCHS Foundation.</li> <li>Bag: 20" (wide) X 28" (long)</li> <li>Handles: 3 ½" (wide) X 21" (long) – Fold and sew (will make only 1" wide)</li> </ul>	Rehab Unit	Bags are hung on wheelchair handles behind seat to allow person to store personal belongings.	
<b>Muslin Dolls</b> <i>(On Hold)</i>	<ul style="list-style-type: none"> <li>Pattern provided by Child Life.</li> <li>Muslin fabric funded by Children's Miracle Network.</li> <li>Stuffed with batting.</li> <li>No fleece, but cotton and flannel are okay to use</li> </ul>	Pediatrics	Used to teach kids about surgery or other medical experiences. Allows for self-expression by treating the doll like the patient. Used with siblings of NICU/OB patients.	
<b>Pediatric Patient Activity Aprons</b> <i>(On Hold)</i>	<ul style="list-style-type: none"> <li>Material provided (recycled from the sterile surgical wrap used in surgery procedures. The wrap is used to keep equipment sorted and sterile, for use in operating procedures. Once opened, it formerly had to be either discarded or recycled).</li> <li>Variety of sizes needed</li> </ul>	Pediatrics	Used to protect clothing during projects.	
<b>Changing Pads</b>	<ul style="list-style-type: none"> <li>Flannel</li> <li>18" X 22" (finished)</li> <li>Double-sided</li> <li>Washable</li> <li>Assorted kid friendly patterns, including gender neutral</li> </ul>	Birth Center	To help make changing diapers more comfortable and easy to clean.	
<b>Ice Pack Holders</b>	<ul style="list-style-type: none"> <li>Flannel preferred</li> <li>Children's pattern material</li> <li>Finished size 12" x 6 ½"</li> <li>Open on one short side</li> <li>Velcro closing (5" of Velcro inside the opening)</li> <li>Pattern available in Volunteer Services</li> </ul>	Pediatrics	A colorful and more comfortable way for kids to apply ice packs	

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<b>Developmental Hearts</b> <b>(ON HOLD)</b>	<ul style="list-style-type: none"> <li>• Hearts in size from 5-7"</li> <li>• Cotton prints are preferred. Flannel, fleece, minky may also be used</li> <li>• Two-sided, completely closed heart, no filling</li> <li>• Pattern available upon request</li> </ul>	NICU & Pediatrics	Developmental hearts are given to mothers whose newborn infants have been admitted to the NICU. The fabric heart is worn against the mother's skin so that the fabric might absorb the scent of the mother. The heart is placed with the baby in the isolette/crib so the mother is always with the child.	
<b>Mamaroo Covers</b>	<ul style="list-style-type: none"> <li>• Materials will be provided by MCHS Foundation.</li> <li>• Helping to protect babies from cross-contamination and comply with infection control guidelines</li> <li>• Preventing moisture damage and stains on your swing and rocker bed</li> <li>• Soft, comfortable and quiet, even when baby moves</li> <li>• Disposable to make clean-up easy</li> </ul>	NICU	Disposable Cover for Swings and Rockers, Protects babies from cross-contamination, and makes clean up easier and faster.	
<b>Surgery Caps</b> <b>(PRIORITY)</b>	<ul style="list-style-type: none"> <li>• Use kid 'friendly' fabric</li> </ul>	Pediatrics	Surgical Caps are made for children in Pediatrics who have surgery. These caps keep their hair back, and is something they can keep after surgery.	
<b>Tag Blankets</b>	<ul style="list-style-type: none"> <li>• The tags should be made out of ribbon</li> <li>• Blanket is 16x16</li> <li>• One side should have 4 4x4" squares</li> </ul>	Birthing Center	Babies are able to play with the tags which are sewn onto the blanket.	
<b>Baby Hats</b> <b>(On Hold)</b>	<ul style="list-style-type: none"> <li>• Crochet or knit (<i>knit preferred</i>)</li> <li>• Baby yarn (or any soft yarn)</li> <li>• Approximately grapefruit size at minimum</li> <li>• Patterns available in Volunteer Services</li> </ul>	Birth Center NICU	Given to each baby born in hospital (NICU or Birth Center).	

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<b>Hats for older children (middle school/teen)</b>	<ul style="list-style-type: none"> <li>• Crochet or knit (<i>knit preferred</i>)</li> <li>• Sets with mittens and/or scarves preferred</li> </ul>	Pediatrics or Child Advocacy Center	Used as gifts for older pediatric patients in Santa's workshop. Given to families in need as available – in Child Advocacy Center.	
<b>Octopus for a Preemie</b>	<ul style="list-style-type: none"> <li>• This program requires a certification to make these octopi. If interested in becoming certified in this program, contact volunteer services for more information.</li> <li>• Contact Volunteer Services if interested</li> </ul>	NICU	The purpose of the octopus is to promote comfort and development of pre-term babies. The tentacles mimic the feel of an umbilical cord. Research has found positive health benefits for preemies with an octopus.	
<b>Pocket Prayer Shawl</b>	<ul style="list-style-type: none"> <li>• 8 X 2 ½ inches</li> <li>• Baby yarn, Any color (can use multiple colors or solid)</li> <li>• Crochet instructions: (Row 1) Chain 13 to (Row 2) single in the second chain from hook and across. (Row 3) Chain 3, double crochet across in the back loop (will have 12 DCs total). Total of 14 rows DC. (Row 15) Finish with single across row and fasten off. (Fringe) Six fringes – inch long each.</li> <li>• Tags provided by Spiritual Services</li> </ul>	Spiritual Services	Given to both patients and families.  Back of tag: "This pocket prayer shawl was made especially for you. Slip it in your pocket or purse, keep it by your bedside, or use it as a bookmark. When your fingers touch it, be thankful of the love and peace that you receive every day. Remember, you are never alone, for God is always with you. We pray for you in love and hope."	 
<b>Twiddle Muffs</b> <i>This muff pattern is perfect for using up leftover wool!</i>	Needles: 8mm circular or 6.5mm straight needles. <b>FOR CUFF:</b> <ul style="list-style-type: none"> <li>• Cast on 45 stitches using 2 strands of double knitting wool or 1 strand of chunky wool</li> <li>• Work in stocking stitch for 11 inches</li> </ul> <b>FOR MUFF BODY:</b> <ul style="list-style-type: none"> <li>• Continue with stocking stitch but use up oddments of various textures of wool such as chunky, mohair, ribbon etc. until the work measures 23 inches (<i>two strands of double knit for two rows each gives a lovely assortment of colors</i>).</li> </ul> <b>FINISHING:</b>	Any, according to patient need	Many patients, whether kids, those with Alzheimers, dementia or arthritis can use these knitted bands that have textured ribbons, beads and various fabrics and patterns, inside and out to keep hands and attention active through visual and tactile stimulation.	 

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	<ul style="list-style-type: none"> <li>• If working with straight needles, lightly iron the long strip, then neatly join the sides together using edge to edge stitch (with knit side out)</li> <li>• Turn inside out and push the one-color cuff up inside the muff body</li> <li>• Sew the two ends together, again using a neat edge to edge stitch</li> <li>• Decorate muff inside and out with ribbons, beads, pompoms, buttons, etc ensuring each is securely fastened</li> </ul>			
<b>Alzheimer's Activity Lap Blanket</b> <b>(PRIORITY)</b>	<ul style="list-style-type: none"> <li>• Approximate size 30" x 30"</li> <li>• Two sided, filled lap quilt with various stimuli firmly attached.</li> </ul>		<p>The blanket helps develop dexterity of hands, revealing different types of fasteners, moving beads, etc that also involve the work of the brain.</p> <p>An important point - on such a blanket all the details are not removable, which prevents the loss of any elements. All parts are sewn firmly.</p>	

## Safety requirements for handmade items:

When preparing your items for donation, please remember the following things:

- Avoid exposing any handmade or cloth items to strong odors such as smoke, moth balls, perfumes and/or colognes and pet hair. We will not be able to use items that have a strong odor.
- Please pre-wash the material of any sewn items.
- Remove all sewing pins/needles. You may want to acquire a magnetic wand to locate any pins.
- Use clean hands when sewing/knitting.
- Avoid working on your project when you are ill.
- Avoid pinning notes to the item.
- All accessories must be sewn as part of the original design (eyes, nose, flowers, decorative items, etc.). Plastic buttons that are sewn on are a choking hazard should they become detached.
- Please do not individually wrap or bag any items.

**THANK YOU for generously sharing your time and talents.**

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For the most current Home Project Listing, please visit: <https://marshfieldclinic.org/giving/volunteer>