



# 2021 Family Webinar Schedule

Join **Bright Horizons**<sup>®</sup> for a year of family webinars and parenting podcasts featuring practical advice on parenting, caregiving, learning, and managing your work and family life.

Click on a title below to register for one at a time or [register once for the entire series](#).

*Please note: all dates, times, and topics are subject to change.*

## [Perspectives in Pandemic Parenting](#) | January 26 at 3:00 p.m. ET

Between working from home, staying in place, socializing online, and learning remotely, the pandemic has affected how families live, work, and learn. Hear from a panel of parents sharing personal insights about parenting during this time.

## [What's Next in Work, Parenting, and Wellness](#) | March 30 at 3:00 p.m. ET

Experts discuss and reflect on parenting and caregiving during the pandemic, providing guidance and insights for the road ahead on three topics important to families: health and safety, work-life integration, and wellness.

## [Working, Learning, and Parenting in 2021](#) | May 25 at 3:00 p.m. ET

Bright Horizons shares insights from its annual surveys, Modern Family Index and Working Learner Index, which reveal what's on the minds of thousands working families, and cover the intersection of parenting, education, and caregiving.

## [Strategies for the Sandwich Generation](#) | July 27 at 12:00 p.m. ET

Double the care, double the love: the Sandwich Generation has the unique role of caring for children and parents at the same time. The responsibilities are complex—join us to dive into helpful strategies to care for them and for yourself.

## [Great Places for Childhood](#) | September 28 at 3:00 p.m. ET

A great childhood provides opportunities for creativity, exploration, and play; promotes positive sense of self; and offers secure, trusting relationships with adults. Learn about the benefits of quality child care—what children learn and how.

## [“What Happened to MY World?” Helping Children Cope](#) | November 16 at 7:00 p.m. ET

Children's lives have always been marked by change. But some events put particular pressure on adults to be at their best as parents and caregivers. Learn from early childhood experts how you can support children through trauma.

For more from Bright Horizons early education experts, listen to our monthly podcast, **Teach. Play. Love. Parenting Advice for the Early Years**. Subscribe on [Spotify](#) or [Apple](#).