## PSYCHOLOGY FELLOWSHIP PROGRAM CLINICAL COMPETENCY COMMITTEE EVALUATION OF FELLOW

Fellow:

**CCC** Members:

impact their professional activities.

Evaluation Time Period:
Date Evaluation Completed:
Date Evaluation Reviewed by Program Director with Fellow:
<b>Directions</b> : The CCC assesses the fellow's performance on each item with a score from 1.0- 6.0. If the specific item is not an element of the fellow's training or was not addressed in the evaluation time period, then enter NA (Not Applicable)
The general reference points are noted below. Specific performance criteria emerge in the supervisory relationships.
1. Internship Level Performance: At this level of performance, fellows understand the foundational knowledge and some of the technical skills related to the professional activities they are engaging. They have had limited exposure or experience to develop and refine the technical skills. Clinical reasoning and practice in use of self-reflection on their emotions and values are rudimentary.
2. Entry Level Fellowship Performance: At this level of performance, fellows have a solid knowledge of child development, child psychopathology and many treatment protocols. They are able to identify their theoretical orientation and offer general impressions on how it impacts their professional behavior. Fellows at this level have had exposure to a wide range of clinical issues. Their clinical reasoning is

3. Mid-1<sup>st</sup> Year Fellowship Performance: At this level of performance, fellows are diligently pursing new clinical activities in new practice settings. They are dedicated learners of new knowledge and are actively implementing their new knowledge in their training activities. Fellows at this level actively discuss their new knowledge, their exposure to new clinical activities and their efforts to integrate the new knowledge and experience to advance their technical skills and clinical reasoning. Clinical reasoning is becoming more succinct, integrated and operationalized as evidenced in diagnostic evaluations, on-going therapy case formulations and supervisory discussions. Fellows at this level recognize the importance and relevance of their values and emotions to their training and patient care and are beginning to discuss these in supervision.

emerging reflected in preliminary abilities to articulate this in supervision and in their diagnostic evaluations. Fellows are beginning to explore their own values and emotions and consider how they

- 4. Entry 2<sup>nd</sup> Year Fellowship Performance: At this level of performance, fellows have developed an advanced knowledge base in their core clinical activities (areas in which they intend to specialize in practice) and a solid knowledge base in their secondary clinical activities (areas in which they will offer services but not intend to specialize nor prioritize). The fellow is increasingly able to implement technical skills in a fluid, readily adjusted manner to the needs of the child and family. Clinical reasoning continues be become refined in part via increasing ability to utilize patient feedback (direct and indirect). Fellows can confidently express their reasoning while maintaining a professional humility and openness to alternative ideas. Fellows at this level regularly examine their values and emotions in the course of their training activities and address any areas of potential concern with their supervisor.
- 5. Mid-2<sup>nd</sup> year Fellowship Performance: At this level of performance, fellows have developed an organized and efficiently accessible knowledge base to support their professional activities. They are practicing with continual learner behaviors and exploring resources they can access after training to maintain a current knowledge base. Technical skills and clinical reasoning are advanced and allow for the fellow to practice nearly autonomously in most of their clinical settings. Fellows at this level easily address their values and emotions in the course of their training activities. Their professional development is at a point where supervision has taken on consultation elements and provides practice for developing peer consultation behaviors upon entry to practice.
- **6.** Advanced Independent Practice Level Performance: At this level of performance, fellows have developed a practice ready level of advanced knowledge in the primary areas of their intended practice. They have solid knowledge of the other areas they may at times practice. They are familiar with and utilize resources to maintain a contemporary knowledge base. They practice continual learner behaviors which they will take into their careers. Technical skills are used in service to the patient as a person, are selected based on clinical reasoning, and reflected in the tailoring of treatment to the patient's needs. This is informed by theory, orientation, values, emotions, best practices, etc. Fellows demonstrate a professional habit of reflecting on their emotions and values in the course of their professional activities. Fellows at this level of performance are able to practice independently

## **A. Foundational Competencies**

## A. 1. Professionalism \_\_\_\_\_\_a. Integrity: Continually monitors and independently resolves situations that challenge professional values and integrity Anchors: Articulates professional values; Takes independent action to correct situations that are in conflict with professional values

\_\_\_\_\_b. Deportment: Consistently conducts self in a professional manner across settings and situations Anchors: Demonstrates awareness of the impact behavior has on client, public and Profession; Utilizes appropriate language and demeanor in professional Communications; Demonstrates appropriate physical conduct, including attire, consistent with context; Verbal and nonverbal communications are appropriate to the professional context including in challenging interactions

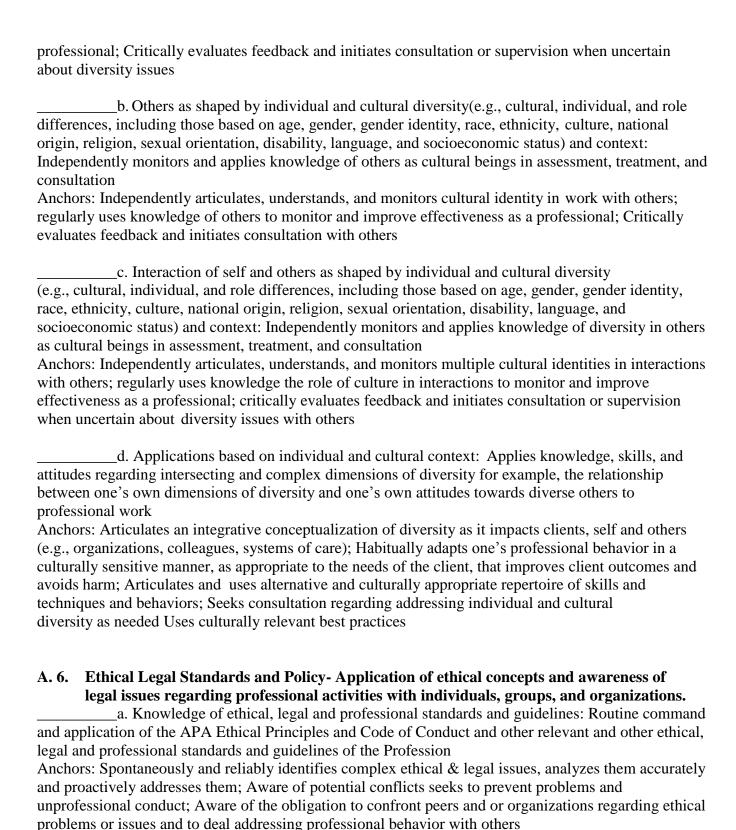
\_\_\_\_\_c. Accountability: Independently accepts personal responsibility across settings and contexts Anchors: Turns in assignments in accordance with established deadlines; Demonstrates personal organization skills; Plans and organizes own workload; Aware of and follows policies and procedures of institution; Completes required case documentation promptly and accurately; Accepts responsibility for meeting deadlines; Available when "on-call"; Acknowledges errors; Utilizes supervision to strengthen

accountable for and submits to external review of quality service provision
A.1.d. Concern for the welfare of others: Independently acts to safeguard the welfare of others
Anchors: Displays initiative to help others; Articulates importance of concepts of confidentiality, privacy, informed consent; Regularly demonstrates compassion; Displays respect in interpersonal interactions with others including those from Divergent perspectives or backgrounds; Determines when response to client needs takes precedence over personal needs; Communications and actions convey sensitivity to individual experience and needs while retaining professional demeanor and deportment; Respectful of the beliefs and values of colleagues even when inconsistent with personal beliefs and values; Acts to benefit the welfare of others, especially those in need.
e. Professional Identity: Consolidation of professional identity as a psychologist; Knowledgeable about issues central to the field; evidence of integration of science and practice Anchors: Has membership in professional organizations; Demonstrates knowledge of the program and profession (training model, core competencies); Demonstrates knowledge about practicing within one's competence; Consults literature relevant to client care; Keeps up with advances in profession; Contributes to the development & advancement of the profession and colleagues; Demonstrates integration of science in professional practice
A. 2. Reflective Practice/Self-Assessment/Self-Carea. Reflective Practice: Reflectivity in context of professional practice (reflection-in-action),
reflection acted upon, self used as a therapeutic too Anchors: Articulates attitudes, values, and beliefs toward diverse others; Recognizes impact of self on others; Self-identifies multiple individual and cultural identities; Describes how others experience him/her, identifies roles one might play within a group; Responsively utilizes supervision to enhance reflectivity; Systematically and effectively reviews own professional performance via videotape or other technology with supervisors; Systematically, effectively monitors, adjusts professional . performance as situation requires; Demonstrates frequent congruence between own and others' assessment and seeks to resolve incongruities; Consistently recognizes and addresses own problems, minimizing interference with competent professional functioning
b. Self-Assessment: Accurate self-assessment of competence in all competency domains; integration of self-assessment in practice; Anchors: Self-assessment comes close to congruence with assessment by peers and supervisors; Identifies areas requiring further professional growth; Writes a personal statement of professional goals; Identifies learning objectives for overall training plan; Systemically and effectively reviews own professional performance via videotape or other technology; Accurately identifies level of competence across all competency domains; Accurately assesses own strengths and weaknesses and seeks to prevent or ameliorate impact on professional functioning; Recognizes when new/improved competencies are required for effective practice
A.2.c. Self-Care: Self-monitoring of issues related to self-care and prompt interventions when disruptions occur  Anchors: Anticipates and self-identifies disruptions in functioning and intervenes at an early stage/with
minimal support from supervisors; Models self-care

A.3. Scientific Knowledge and Methods	
a. Scientific Mindedness: Values and applies scientific methods to professional practi Anchors: Independently accesses and applies scientific knowledge & skills appropriately and habito the solution of problems; readily presents own work for the scrutiny of others	
b Scientific Foundation of Psychology: Demonstrates advanced level of knowledge or respect for scientific knowledge of the bases for behaviors	f and
Anchors: Demonstrates understanding of psychology as a science, including basic knowledge of the breadth of scientific psychology. For example: able to cite scientific literature to support an argume Evaluates scholarly literature on a topic	
c. Scientific Foundation of Professional Practice: Knowledge and understanding of sc foundations independently applied to practice	ientific
Anchors: Applies EBP concepts in case conceptualization, treatment planning, and interventions; Compares and contrasts EBP approaches with other theoretical perspectives and interventions in the context of case conceptualization and treatment planning; Reviews scholarly literature related to compare work and applies knowledge to case conceptualization	he
A.4. Relationships—Relate effectively and meaningfully with individuals, groups, and/or communities.	
a. Interpersonal Relationships: Develops and maintains effective relationships with a	wide
range of clients, colleagues, organizations and communities Anchors: Effectively negotiates conflictual, difficult and complex relationships including those w individuals and groups that differ significantly from oneself; Maintains satisfactory interpersonal relationships with clients, peers, faculty, allied professionals, and the public	ith
b. Affective Skills: Manages difficult communication; possesses advanced interpersor skills	ıal
Anchors: Seeks clarification in challenging interpersonal communications; demonstrates understate of diverse viewpoints in challenging interactions; accepts, evaluates and implements feedback from others; Works collaboratively, demonstrates active problem-solving, makes appropriate disclosure regarding problematic interpersonal situations	m
c. Expressive Skills: Effective command of language and ideas Anchors: Demonstrates descriptive, understandable command of language, both written and verba communicates clearly and effectively with clients	ıl;
A. 5. Individual and Cultural Diversity-Awareness, sensitivity and skills in working professionally with diverse individuals, groups and communities who represent various cultural and personal background and characteristics defined broadly and consistent with ABA policy.	
and consistent with APA policya. Self as shaped by individual and cultural diversity (e.g., cultural, individual, and ro	le
differences, including those based on age, gender, gender identity, race, ethnicity, culture, national origin, religion, sexual orientation, disability, language, and socioeconomic status) and context: Independently monitors and applies knowledge of self as a cultural being in assessment, treatment	.1

Anchors: Independently articulates, understands, and monitors own cultural identity in relation to work with others; Regularly uses knowledge of self to monitor and improve effectiveness as a

consultation



b Awareness and Application of Ethical Decision Making: Knows and applies an ethical decision-making model and is able to apply relevant elements of ethical decision making to a dilemma, Commitment to integration of ethics knowledge into professional work Anchors: Uses an ethical decision-making model when discussing cases in supervision; Readily identifies ethical implications in cases and to understand the ethical elements in any present ethical dilemma or question; Discusses ethical dilemmas and decision making in supervision, staffings, presentations, practicum settings; Applies applicable ethical principles and standards in professional writings and presentations; Applies applicable ethics concepts in research design and subject treatment; Applied ethics and professional concepts in teaching and training activities; Develops strategies to seek consultation regarding complex ethical and legal dilemmas
c. Ethical Conduct: independently and consistently integrates ethical and legal standards with all foundational and functional competencies  Anchors: Integrates an understanding of ethical-legal standards policy when competencies;  Demonstrates awareness that ethical legal- standards policy competence informs and is informed by all foundational competencies; Takes responsibility for continuing professional development
A. 7. Interdisciplinary systems –Knowledge of key issues and concepts in related disciplines.  Identify and interact with professionals in multiple disciplines.  a. Knowledge of the shared and distinctive contributions of other professions  Anchors: Working knowledge of multiple and differing worldviews, professional standards, and contributions across contexts and systems, intermediate level knowledge of common and distinctive roles of other professionals; displays ability to work successfully on interdisciplinary team
b. Functioning in multidisciplinary and interdisciplinary contexts: Beginning, basic knowledge of and ability to display the skills that support effective interdisciplinary team functioning, such as communicating without jargon, dealing effectively with supporting and utilizing the perspectives of other team members  Anchors: Demonstrates skill in interdisciplinary clinical settings in working with other professionals to incorporate psychological information into overall team planning and implementation
c. Understands how participation in interdisciplinary collaboration/ consultation enhances outcomes- Recognizes and engages in opportunities for effective collaboration with other professionals toward shared goals at an intermediate level of ability  Anchor: Systematically collaborates successfully with other relevant partners
d. Respectful and productive relationships with individuals from other professions- Develops and maintains collaborative relationships over time despite differences Anchors: Communicates effectively with individuals from other professions; appreciates and integrates perspectives from multiple professions

B. FUNCTIONAL COMPETENCIES
B. 1. Assessment–Assessment and diagnosis of problems, capabilities and issues associated with
individuals, groups, and/or organizations.
a. Measurement and Psychometrics- Independently selects and implements multiple
methods and means of evaluation in ways that are responsive to and respectful of diverse individuals,
couples, families and groups and context
Anchors: Demonstrates awareness and competent use of culturally sensitive instruments, norms; Seeks consultation as needed to guide assessment; Demonstrates limitations of assessment data clearly reflected in assessment reports
b. Evaluation Methods- Independently understands the strengths and limitations of diagnostic approaches and interpretation of results from multiple measures for diagnosis and treatment
planning
Anchors: Selection of assessment tools reflects a flexible approach to answering the diagnostic question comprehensive reports include discussion of strengths and limitations of assessment measures as appropriate; Interview and report leads to formulation of a diagnosis and the development of appropriate treatment plan
c. Application of Methods-Independently selects and administers a variety of assessment
tools and integrates results to accurately evaluate presenting question appropriate to the practice site and broad area of practice
d. Diagnosis-Utilizes case formulation and diagnosis for intervention planning in the
context of stages of human development and diversity
Anchors: Treatment plans incorporate relevant developmental features and clinical symptoms as applied to presenting problem; regularly and independently identifies problem areas and makes a diagnosis
e. Conceptualization and Recommendations- Independently and accurately
conceptualizes the multiple dimensions of the case based on the results of assessment
Anchors: Administers, scores and interprets test results; Formulates case conceptualizations
incorporating theory and case material
f Communication of Findings Communication of regults in written and workel form
f. Communication of Findings- Communication of results in written and verbal form clearly, constructively, and accurately in a conceptually appropriate manner
Anchors: Writes an effective comprehensive report; effectively communicates results limitations
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D. 2. Intervention Interventions designed to alleviete suffering and to promote health and
B. 2. Intervention–Interventions designed to alleviate suffering and to promote health and well-being of individuals, groups, and/or organizations
a. Knowledge of Interventions- Applies knowledge of evidence-based practice, including
empirical bases of intervention strategies, clinical expertise, and client preferences
Anchors: Writes a case summary incorporating elements of evidence-based practice; identifies basic
strengths and weaknesses of intervention approaches for different problems and populations;
Demonstrates the ability to select interventions for different problems and populations related to the
practice setting; Presents rationale for intervention strategy that includes empirical support

b. Intervention Planning-Independent intervention planning, including conceptualization
and intervention planning specific to case and context
Anchors: Accurately assesses presenting issues taking in to account the larger life context, including
diversity issues; Conceptualizes case independently and accurately; independently selects an
intervention or range of interventions appropriate for the presenting issue(s)
c. Skills- Clinical skills and judgment
Anchors: Develops rapport and relationships with wide variety of clients; Uses good unexpected issues,
such as crises, use of supervision, confrontation; effectively delivers intervention
d. Intervention Implementation-Implements interventions with fidelity to empirical models
and flexibility to adapt where appropriate
Anchors: Independently and effectively implements a typical range of intervention strategies appropriate
to practice setting; Independently recognizes and manages special circumstances; Terminates treatment
successfully; Collaborates effectively with other providers or systems of care
e. Progress evaluation- Evaluate treatment progress and modify planning as indicated, even
in the absence of established outcome measures
Anchors: Independently assesses treatment effectiveness & efficiency; critically evaluates own
performance in the treatment role; Seeks consultation when necessary
B. 3. Consultation-The ability to provide expert guidance or professional assistance in response to a client's needs or goals. a. Role of Consultant Knowledge of and distinguishes the consultant's role and its features as distinguished from other professional roles (such as therapist, supervisor, teacher)
Anchors: Recognizes situations in which consultation is appropriate; Demonstrates capability to shift
functions and behavior to meet referral needs
b. Addressing Referral Question- Knowledge of and ability to select appropriate and
contextually sensitive means of assessment/data gathering that answers consultation referral question
Anchors: Demonstrates ability to gather information necessary to answer referral question; Clarifies and
refines referral question based on analysis/assessment of question
c. Communication of Findings- Applies knowledge to provide effective assessment
feedback and to articulate appropriate recommendations
Anchors: Prepares clear, useful consultation reports and recommendations to all appropriate parties;
Provides verbal feedback to consultee of results and offers appropriate recommendations
d. Application of Methods-Applies literature to provide effective consultative services
(assessment &intervention) in most routine and some complex cases

B. 4. Research/evaluation-Generating research that contributes to the professional knowledge base and/or evaluates the effectiveness of various professional activities.
a. Scientific Approach to Knowledge Generation- Development of skills and habits in seeking, applying, and evaluating theoretical and research knowledge relevant to the practice of
psychology, generation of knowledge
Anchors: Demonstrates understanding of research methods and techniques of data analysis; Demonstrates research and scholarly activity, which may include presentations at conferences; participation in research teams; submission of manuscripts for publication; Demonstrates being a critical consumer of research; engages in systematic efforts to increase the knowledge base of psychology through implementing and reviewing research; Uses methods appropriate to the research question, setting and/or community; Consults and partners with community stakeholders when conducting research in diverse communities
b. Application of Scientific Method to Practice- Apply scientific methods to evaluating own practice; Evaluation of outcomes
Anchors: Discusses evidence based practices; Compiles and analyzes data on own clients (outcome measurement); Participates in program evaluation; Evaluates the progress of own activities and uses this information to improve own effectiveness, describes how outcomes are measured in each practice activity
B. 5. Supervision-Supervision and training in the professional knowledge base and of evaluation of the effectiveness of various professional activities
a. Expectations and Roles- Understands complexity of the supervisor role including ethical, legal, and contextual issues
Anchors: Identifies roles and responsibilities of the supervisor and supervisee in the supervision process; Articulates a philosophy or model of supervision and reflects on how this model is applied in practice, including integrated contextual, legal, and ethical perspectives
b. Processes and Procedures- Knowledge of procedures and practices of supervision Anchors: Identifies goals and tasks of supervision related to developmental progression; Tracks progress achieving goals and setting new goals; Prepares supervision contract; Demonstrates knowledge of limits of competency to supervise (assesses metacompetency); Constructs plans to deal with areas of limited competence
c. Skills Development- Knowledge of the supervision literature and how clinicians develop to be skilled professionals; Engages in professional reflection about one's clinical relationships with supervisees, as well as supervisees' relationships with their client Anchors: Clearly articulates how to use supervisory relationships to leverage development of supervisees and their clients
d. Awareness of factors affecting quality-Understanding of other individuals and groups and intersection dimensions of diversity in the context of supervision practice, able to engage in reflection on the role of one's self on therapy and in supervision  Anchors: Demonstrates integration of diversity and multiple identity aspects in conceptualization of supervision process with all participants (client(s), supervisee, supervisor): Demonstrates adaptation of

own professional behavior in a culturally sensitive manner as appropriate to the needs of the supervision context and all parties in it; Articulates and uses diversity appropriate repertoire of skills and techniques

in supervisory process; Identifies impact of aspects of self in therapy and supervision

e. Participation in Supervision Process-Observation of and participation in supervisory process (e.g., peer supervision); Provides supervision independently to others in routine cases Anchors: Reflects on supervision process, areas of strength and those needing improvement; Seeks supervision to improve performance, presenting work for feedback, and integrating feedback into performance; provides supervision to less advanced trainees, peers or other service providers in typical cases appropriate to the service setting
f. Ethical and Legal Issues-Command of and application of relevant ethical, legal, and professional standards and guidelines  Anchors: Spontaneously and reliably identifies complex ethical and legal issues in supervision, and analyzes and proactively addresses them; Demonstrates awareness of potential conflicts in complex ethical and legal issues in supervision
B. 6 Teaching: Providing instruction, disseminating knowledge, and evaluating acquisition of knowledge and skill in professional psychology a. Knowledge- Knowledge of didactic learning strategies and how to accommodate developmental and individual differences; Knowledge of outcome assessment of teaching effectiveness
b. Skills- Application of teaching methods in multiple settings; Evaluation of effectiveness of learning/ teaching strategies addressing key skill sets  Anchors: Identifies and differentiates factors for implementing particular teaching methods;  Demonstrates accommodation to diverse others (e.g., cultural, individual, and role differences, including those based on age, gender, gender identity, race, ethnicity, culture, national origin, religion, sexual orientation, disability, language, and socioeconomic status) and context; Introduces innovation/creativity into application of teaching method; Demonstrates strategy to evaluate teaching effectiveness of targeted skill sets; Articulates concepts to be taught and research/empirical support; Utilizes evaluation strategy to assess learning objectives met; Integrates feedback to modify future teaching strategies
B. 7 Management-administration -Manage the direct delivery of services (DDS) and/or the administration of organizations, programs, or agencies (OPA). a. Management- Participates in management of direct delivery of professional services; responds appropriately in management hierarchy; Manages direct delivery of professional services; awareness of basic principles of resource allocation and oversight Anchors: Responds appropriately to managers and subordinates; Manages DDS under supervision, e.g., scheduling, billing, maintenance of records; Identifies responsibilities, challenges, and processes of management; Independently and regularly manages and evaluates own DDS, identifying opportunities for improvement.; Recognizes role of and need for clerical and other staff, role of human resources
b. Administration- Awareness of principles of policy and procedures manual for OPA, awareness of basic business, financial and fiscal management issues  Anchors: Responds promptly to organizational demands; Participates in the development of policies;  Functions within budget; Negotiates and collects fees, pays bills; Uses technological resources for information management.; Identifies resources needed to develop a basic business plan

c. Leadership- Development of mission, goal-setting, implementing systems to accomplish goals and objectives; team-building and motivational skills  Anchors: Develops mission or purpose of DDS and/or OPA; provides others with face to face and written direction; Demonstrates capacity to develop system for evaluating supervisees/ staff/employees; Communicates appropriately to parties at all levels in the system
d. Evaluation of Management and Leadership- Able to develop and prepared to offer constructive criticism and suggestions regarding management and leadership of organization; Develops own plans for how best to manage and lead an organization  Anchors: Identifies strengths and weaknesses of management and leadership or organization; Provides input appropriately, participates in organizational assessment Articulates steps and actions to be effective manager or leader appropriate to the specifics of the organization
B. 8 Advocacy—Actions targeting the impact of social, political, economic or cultural factors to promote change at the individual (client), institutional, and/ or systems level. a. Empowerment- Uses awareness of the social, political, economic or cultural factors that may impact human development in the context of service provision; Intervenes with client to promote action on factors impacting development and functioning Anchors: Identifies specific barriers to client improvement, e.g., lack of access to resources; Assists client in development of self-advocacy plans; Promotes client self- advocacy; Assesses implementation and outcome of client's self-advocacy plans b. Systems Change- Promotes change to enhance the functioning of individuals; Promotes change at the level of institutions, community, or society Anchors: Identifies target issues/agencies most relevant to specific issue; Formulates and engages in plan for action; Demonstrates understanding of appropriate boundaries and times to advocate on behalf of client; Develops alliances with relevant individuals and groups; Engages with groups with differing viewpoints around issue to promote change  Areas of Strength Observed in this training period:
Areas to Strengthen in the next training period:

Obstacles to Performance in specific areas of the evaluation this quarter:
Specific Activities Recommended for the Fellow in the next training period:
Specific Activities Recommended for the faculty/program in the next training period to support the recommendations:
Evaluation completed on:
Evaluation completed on: Evaluation Reviewed with Fellow on:
Program Director's Signature:
Fellow's Signature: