Our History
Internal Medicine-Pediatrics, known as Med-Peds, began as a combined residency training option in 1967. Since our inception Med-Peds, positions and programs have grown dramatically (Figure 1).

Med-Peds continues its rapid growth today with over 2000 current practitioners and 1500 Med-Peds residents. Med-Peds currently ties with Pediatrics for the highest percent filled by US graduates of any primary care residency (Figure 2).

Because our connection in both internal medicine and pediatrics is maintained we fill a unique niche in general and specialty (>12 specialties) pediatric care, general and specialty (>12 specialties) internal medicine care, adolescents and older patients with chronic "pediatric" problems (such as cystic fibrosis).

Our Practice Style
Med-Peds practitioners enjoy a wide range of practice opportunities and settings (Figures 3 & 4).

- Approximately 80% of Med-Peds practitioners treat pediatric and adult patients.
- Approximately 10% of Med-Peds practitioners work in academic positions.

How We Do
The average board passing rate for Med-Peds practitioners is equal to or greater than that of categorical pediatric or internal medicine physicians (Figure 5).

Med-Peds practitioners are also in high demand, receiving an average of 5.9 job offers, compared to 3.3 and 4.0 job offers for general pediatrics and internal medicine respectively (AMA 1998).

Our Curriculum
Med-Peds residents fulfill all the requirement of both internal medicine (Figure 6) and pediatric residents (Figure 7).

In addition, other program characteristics include:
- Independently accredited Internal Medicine and Pediatrics Programs in the same health system and located geographically close together.
- Health maintenance, prevention, illness, treatment, rehab, socioeconomic, ethics, and team approach as part of to training program.
- Spend 24 months training in each specialty.
- Includes a one month experience in adolescent medicine.
- Do not have total intensive care unit experience exceeding 8 months.
- Joint medicine-pediatric experiences.
- Continuous assignments between 3 and 6 months in each discipline.
Med-Peds and Family Medicine

Some overlap between Med-Peds and Family Medicine training exists; however, they are significantly different (Figure 8&9).

Med-Peds does not contain formal obstetrical or surgical training. Also, the 4-year Med-Peds residency, when compared to the 3-year family practice residency, provides residents more thorough training in adult and pediatric care in this time of increasing medical complexity.

Overall, Med-Peds physicians have 19 months of additional medicine and pediatric training.

References (selected)

For Additional Information
- National Med-Peds Residents’ Association (NMPRA) (http://www.medpeds.org)
- Guidelines for Combined Internal Medicine/Pediatrics Residency Training (http://www.abp.org/certinfo/genped/medped.htm)
- American Academy of Pediatrics (AAP) Med-Peds Section (http://www.aap.org/sections/med-peds/)
- Medicine-Pediatrics Program Directors Association (http://apdim.med.edu/medpeds/index.htm)
- List of Med-Peds Residency Programs (http://www.acponline.org/residency/index.html)
- The Medical Student’s Guide to the Evaluation of Combined Med-Peds Programs (a ZIP file for MS Word) (http://apdim.med.edu/medpeds/mpguide.zip)

Internal Medicine-Pediatrics

Specialists for children and Specialists for adults

Introducing Internal Medicine-Pediatrics, The Med-Peds Physician

Who We Are
Med-Peds are physicians who complete a 4-year residency program alternating between internal medicine and pediatric training. Over the 4 years 24 months of training are received in each specialty.

At the end of the four-year residency Med-Peds physicians are board eligible in both Internal Medicine and Pediatrics through the American Board of Internal Medicine (ABIM) and the American Board of Pediatrics (ABP).

This pamphlet was prepared by the National Med-Peds Residents’ Association (NMPRA).