

# Special reminder before Metabolic & Bariatric Surgery

- **Weight**- baseline weight is measured at the time of first consult visit for metabolic and bariatric surgery
  - At the very least patients must maintain their weight throughout the preoperative process, however **Weight loss is EXPECTED**.
  - Weight loss will be **REQUIRED** if a patient's BMI is  $\geq 70$ , or as directed by metabolic and bariatric provider
  - Weight checks will be **REQUIRED** monthly within a health care system
  - **Weight gain** may result in: a team denial, delay in surgery or cancellation of surgery.

