

Stop Smoking & ALL NICOTINE products

This includes: e-cigarettes, vaping, patches, gum, lozenges, water/hookah pipes, pipe tobacco, cigars, chewing tobacco, snuff, smokeless etc.

- It is expected that you are stop use **3 months prior** to surgery and **NEVER to restart.**
 - We will check prior to surgery
 - If found positive your surgery could be **DELAYED OR CANCELLED**
- Set a stop date at the time of your first bariatric surgery office visit
 - If you need additional help or support your primary care provider may be able to assist

