



marshfield
children's



Marshfield Medical Center
Minocqua

Marshfield Medical Center - Minocqua Virtual Prenatal Classes

The birth of a child is one of the most cherished moments in life. The Birthing Center at MMC-Minocqua Hospital offers several opportunities for childbirth education. As you prepare for your birth experience, prenatal classes can be an important step. The classes are taught by experienced OB Registered Nurses. Call the birthing center at 715-439-8042 for more information.

*Each series consists of **either** 3 classes, held on Tuesday evenings, from 6:00 pm- 8:00 pm **OR** a full day Saturday class held from 10:00 am-4:00 pm.*

Class 1: *The End of Pregnancy, Labor & Delivery, Medications (including epidurals) and Procedures You May Experience.*

Class 2: *Comfort and Coping Techniques, Cesarean Birth, Postpartum Recovery and a Virtual Department Tour*

Class 3: *Your Newborn and Off to a Good Start with Breastfeeding*

Series A: *Tuesdays- May 11, 18 and 25 (6:00 pm- 8:00 pm)*

Series B: *Saturday- June 5 (10:00 am- 4:00 pm)*

Series C: *Tuesdays- August 10, 17 and 24 (6:00 pm- 8:00pm)*

Series D: *Saturday- September 11 (10:00 am-4:00 pm)*

Series E: *Tuesdays- November 2, 9 and 16 (6:00 pm- 8:00 pm)*

Series F: *Saturday- December 4 (10:00 am- 4:00 pm)*

Registration Information: Return the form below to: MMC-Minocqua Birthing Center, 9576 Highway 70, Minocqua WI 54548, or call 715-439-8042.

Name _____ **Support Person** _____

Phone _____ **Due Date** _____

Address _____

Email _____

I Plan to attend Series: _____