

Lactation Services

Good for Baby, Good for Mom

Choosing how to feed your baby is an important decision that has life-long effects for you and your baby. What you have seen and learned about infant feeding from your family and friends is likely to influence your attitude and perceptions.

Whether you definitely plan to breastfeed or you are uncertain, the research is clear. Your milk is the best milk for your baby, and it is the ideal first food for your baby for the first several months. That is why Marshfield Clinic Health System recommends breastfeeding.

Our Services – Marshfield Medical Center in Marshfield offers lactation services staffed by International Board Certified Lactation Consultants (IBCLC), who educate you on breastfeeding and work with you to overcome breastfeeding difficulties.

Lactation services include, but are not limited to:

- Prenatal education that explains normal behaviors to expect from breastfeeding babies.
- Initial assessment at the hospital.
- Care coordination with other health care providers as needed.
- Follow-ups prior to discharge from the hospital.
- Assistance with:
 - position and latch-on challenges.
 - potential milk supply challenges.
 - concerns about infant intake and weight gain.
- Education and assistance with breast pumps. Contact your insurance company before delivery to check coverage.
- Assessment and management of breast and nipple problems, such as engorgement, sore nipples, breast pain, mastitis, breast augmentation and reductions.
- Addressing return-to-work issues.
- Addressing weaning issues.

- Finding support groups in your area.
- Ongoing assessments following discharge.

Pediatric Lactation Service – All breastfeeding families receive a complimentary visit with an IBCLC at their first pediatric visit after hospital discharge. At this appointment, families can get their questions answered and have any concerns addressed. Lactation Consultants work closely with providers in a collaborative approach to assure your baby is receiving the best possible care.

Outpatient Services – A lactation consult is planned for all mothers and babies in the hospital. However, follow-up care can be just as important. Contact your women’s health provider or pediatric provider to schedule lactation services during a future appointment.

Breast Milk Donation – Marshfield Medical Center in Marshfield accepts breast milk donations. Our milk depot program makes it possible for area women with an extra supply of breast milk to donate their milk. A milk depot is a controlled collection point for women to donate their excess breast milk once an approved donor.

A good candidate is a mother who is lactating and has a surplus of milk beyond their baby’s needs. They are also:

- In good general health
- A non-smoker
- Not regularly using any medicines

To learn more about becoming a milk donor, call us at 715-389-3903.

Telephone support – A phone line to help families with breastfeeding questions or concerns. The phone number is 800-991-8412 or 715-389-3903.



**Marshfield Clinic
Health System**