

Direct Access Center Behavioral Health care options

Through your employer, you have access to behavioral health integrated care with a focus on mental health through Direct Access Centers (DAC) with Marshfield Clinic Health System. Your employer also offers additional behavior health resources through the Employee Assistance Program and Security Health Plan's benefit coverage.

Your care journey

You can start with **REALiving EAP (Employee Assistance Program) for four visits at no cost.** If you need additional care, you will be referred to a Direct Access Center provider.

REALiving EAP offers:

- 24/7 EAP Call Center
- Coaching sessions for employee with certified coaches for professional situations.
- Counseling sessions for employee and their immediate family members with professional counselors.
- Affiliate with DAC Behavioral Health providers.

Our DAC Behavioral Health offers short term therapy services - typically defined as **3 sessions with a qualified Behavioral Health provider at no cost.** For therapy needs requiring longer term treatment, you will be referred to an outpatient service. You must use your four EAP visits before using DAC behavioral health services.

Other behavioral health resources

Security Health Plan also offers health coaching.*

- Coaches facilitate and empower clients to develop and achieve health and wellness goals.
- Coaches assist clients in using their insight, personal strengths, and resources to set goals, commit to action steps, and establish accountability.
- A coach's role is one of accountability partner, not director, in navigating behavioral change.

**Health coaches do not evaluate.*

If you need long-term therapy or pediatric therapy, you will be referred to outpatient services. This treatment has six visits covered through Security Health Plan benefits plan.



If you have questions, call 715-858-4099 or toll free at 1-844-736-0119.

Meet your DAC counselor

Licensed Professional Counselor-I.T. (in training) Corey Tallier is dedicated to care for Direct Access Center patients in the Chippewa Valley. Originally from Gilman, Corey became a counselor because of his own experience in counseling and how it positively impacted his life after his time in the Army.

"I'm passionate about providing a comfortable space for patients to be the driver in their therapeutic journey," he said. "The patient will always be the expert on their life and experiences, and I offer different ideas or perspectives as their co-pilot."

Corey enjoys hiking, biking, running. He also is a huge board game and pop-culture fan.



**Marshfield Clinic
Health System**